

Parents, Cheerleader and Mascot Applicants,

It is essential that parents and their student consider and understand the many responsibilities of becoming a Sealy High School cheerleader or mascot. To be an effective member of the squad, cheerleaders must commit a great deal of time throughout the **entire** school year. Squad members may **not** become involved in any questionable activities that may reflect negatively on the cheerleading squad, school, and or district. Cheerleaders and mascots are school ambassadors and therefore are expected to represent the highest standard of behavior at all times.

Please consider all the pros and cons of being a cheerleader and the dedication required. If you and your parents agree to adhere to the cheer guidelines and constitution; and you wish to tryout, please fill out and return all forms to the student service window or JH office by **Thursday, March 5th**. There is a **mandatory** parent meeting **Tuesday, March 17th**; **failure to have a parent/guardian attend with you will result in a candidate being unable to tryout.** Your signatures on these forms indicate that you and your parents agree to be held to these rules and expectations. You are also agreeing to abide by the subsequent consequences that result from failure to do so. Also, a **\$200 deposit** will be **required to be turned into the cheer sponsors on Tuesday, March 17th at the parent meeting in order to tryout.** Deposits will be returned on March 27th with results if you are not chosen.

Sincerely,

Coach Taylor Rosenauer

IMPORTANT CHEER DATES

February 24–March 5th

Pick up and return cheerleader/mascot tryout packets from junior high or high school office.

Tuesday, March 17th 6:00-7:00– Tiger Room

Mandatory Parent Meeting for all cheerleader/mascot candidates

March 23rd- 26th 4:30-6:30

Mandatory Cheer Clinic for all cheerleader/mascot candidates. Excusal from cheer clinic by a doctor's note or previously scheduled school sponsored event—failure to produce a doctor's note or appropriate excuse will result in a candidate being ineligible to tryout. I must be notified of school scheduled events at least 24 hours in advance.

Friday, March 27th at 4:30pm– SHS Gym

Cheer/Mascot Tryouts

-Tryouts will be held in a **CLOSED** gym setting, parents and other students will not be able to come to the holding room or attend tryouts. Candidates will not be able to leave the gym until all tryouts are over and there is no need for the judges to see any other candidates.

-Results will be collected in a “drive-thru” fashion in front of the High School at approximately 8:30pm.

***Please look for a “**Remind**” message after tryouts are complete to let you know the results are ready. It may be sooner than 8:30. **PLEASE BE ON TIME.**

Monday, March 30th at 4:30-5:30pm—Tiger Room

Mandatory Uniform Fitting

Varsity—4:30

JV—5:00 (if applicable)

Thursday, April 2nd- Gym Foyer

Mandatory meeting for all candidates who made both JV and Varsity cheer squad.

-Fundraiser packets distributed

***** May practices: 4th, 11th, and 18th 4:30-6 Gym*****

*****MANDATORY Camp prep practice: June 15th & 16th 8-10 AM*****

*****Monday-Thursday June 22-24th Overnight Cheer Camp at SHSU *****

*****Monday-Thursday July 20th- 23rd 9:00am-12:00pm*****

Mini Tiger Cheer Camp Fundraiser

Fall Practices -Mondays and Thursdays 4:30-6:30 (begin Monday August 10th)

Payment Due Dates:

March 17th \$200 (Due at Mandatory Parent Mtg.)

April 17th (turn in to Kornegay @ HS /bring by Coaches House)

May 11th (Due @ Practice)

June 16th (Due @ Practice)

July 20th (Due @ Little Cheer Camp)

August 10th (Final Payment due)

*Your payment amount will be broken up between these 5 dates. If you wish to pay more than the allotted amount owed for that month, please feel free. Each cheerleader's amount will be different due to what they need to buy for the year. (Ex: newbies will need EVERYTHING listed, while returners will only need certain items for the year.) You will get a cost sheet after uniform fittings.

Fundraisers:

April 2nd-24th Mixed Bags Fundraiser

May 2nd @ 9-1 Car Wash at American Legion

May 1-18 Ad Sales (*Mandatory*)

(Working on other fundraisers- dates/times tbd)

2020-2021
Sealy High School
Cheerleader and Mascot Constitution



PURPOSE:

The purpose of the Sealy High School Cheerleaders and Mascot is to promote school spirit, pride, and loyalty while developing leadership, self-discipline, responsibility, teamwork, and excellence. Through the development of cooperation, sportsmanship, and positive relationships among all student body, the organization shall fulfill its purpose for the benefit of each student. Each member must meet all the standards as set forth in this constitution.

OBJECTIVES:

- Increase and develop character, scholarship, responsibility, self-respect, and to maintain high moral character.
- Teach teamwork and pride in a quality performance through maintaining high standards.
- To represent Sealy High School at designated athletic events and school functions.
- To promote interest in all sports, fine arts, and other activities of our school.

FINANCIAL RESPONSIBILITY:

- Candidates and their parents/guardians must sign a statement agreeing that, if selected, they will abide by all the rules and regulations set forth in the constitution and WILL ACCEPT ALL financial responsibility. An *estimate* of \$1,300.00 will be spent, including camp (\$350.00), for *new* cheerleaders. Cheerleaders returning to the same squad will incur a lower cost.
- In order to try out for a cheerleader and/or mascot position, the **first payment of \$200 must be paid by March 17th, 2020**. The money will not be deposited until after your son or daughter has made the cheerleading squad. If your son or daughter does not make the cheerleading squad, your money will be returned to you or your child during the result pick up portion of tryouts.
- A payment must be made **each month** on the dates listed.
- **All balances should be paid in full by the first day of the 2020 school year.** Cheerleaders/Mascot will not perform/dress out at any event until balance is paid in full.

TRYOUTS:

- Tryout practices as well as tryouts are closed to all spectators except for judges, administrators and sponsors. An exception to this rule is, if a candidate's parent is a sponsor and/or administrator, they will not be allowed to attend tryouts.
- Tryout practices will be run by the cheerleading sponsor.
- Eligibility Requirements
 - Candidate must be entering grades 9-12. The student must have been enrolled in Sealy ISD schools at least 6 weeks prior to the tryout date.
 - Candidates must return all forms and paperwork by **March 5th, 2020**, as well as attend the mandatory parent meeting on **Tuesday, March 17th, 2020**.
 - **NO late forms accepted. Failure to attend will deem a candidate ineligible to tryout.**
 - Candidates must comply with the UIL No Pass, No Play policy. Students must have a 70 average in all classes determined by their average in the grading period immediately preceding tryouts.
 - Candidates will be deemed ineligible to tryout if any of the following have occurred during the current school year prior to tryouts.
 1. (2) or more level 2 or higher discipline violations of the Sealy High School Code of Conduct.
 2. (1) or more suspensions.
 3. (1) ISS placement.
 4. (1) DAEP Placement.
 5. (2) N's or (1) U in conduct on a report card.
 6. (1) Expulsion from school.
 7. Excessive absences as defined in the SISD Code of Conduct.
 8. Excessive demerits resulting in removal from the squad.
 9. Resigning your position as a cheerleader/mascot at any point after the tryout date.
- Tryout Attire
 - Candidates are required to wear black shorts of appropriate length, a solid white t-shirt and any type of tennis shoes or cheer shoe. No jewelry will be permitted. Appropriate undergarments must be worn as well.
 - Female candidates are to wear their hair in ponytails **without** wispies or bangs that hang over the eyes. Candidates are permitted to wear hair bows.
- Cheerleader Skills to be Demonstrated
 - Communication Skills: Projection, Voice, Enthusiasm, and Crowd Appeal
 - Motion Techniques: Sharpness as well as Arm Levels
 - Dance Technique: Dance Skill and Rhythm
 - Jumps: Height, Flexibility, and Technique
 - Gymnastics Skills: Difficulty and Technique
- Selection Process

Sophomores, Juniors, and Seniors are eligible to make the Varsity squad. All freshmen must serve one year on JV before being eligible for Varsity. If a junior or senior would like

to tryout but would NOT like to be considered for the JV team a forfeit contract must be signed on **Tuesday, March 17th, 2020** at the parent meeting.

****If 16 or less girls are eligible for tryouts then we will have one Varsity team consisting of all scores about the natural break.****

- Cheerleaders: Candidates will be scored on a predetermined tryout score sheet in addition to evaluations by teachers, cheerleading sponsors, and discipline records.
- Varsity: Varsity Cheer squad will be chosen according to the highest score. We will take a maximum of 16 candidates OR where there is a natural break in the score.
- JV: JV will consist of the 8 candidates with the highest score after the maximum amount of varsity candidates OR after the natural break in score.
- Mascot: Candidates trying out for mascot will perform a 2-5 minute skit before the judges.
- Judges: Tryouts will be held before a panel of four (4) qualified judges selected in advance.
- **ALL TRYOUT SCORES AND RESULTS ARE FINAL**. Results may be reviewed by requesting a meeting with the principal no more than 48 hours after the tryout date.

SCHOOL YEAR ACTIVITIES:

- Practices
 - All practices, games, and events will be supervised by a coach, assistant or designated school official. Squad members are not released to practice stunts, pyramids or tumbling without the direct supervision of the coach, assistant, or designated school official.
 - ALL Varsity and Junior Varsity Cheerleaders are required to attend the weekly practices.
 - ALL cheerleaders must wear (designated practice wear) athletic-type shorts of an appropriate length, a well-fitted shirt, sports bra and hair out of their face at practice. Leggings, baggy shirts, any shoes that are not considered cheer shoes are not permitted. Failure to wear appropriate attire will result in demerits. NO JEWELRY.
 - Nails must be of appropriate length and color. No bright colored nail polish/long nails will be allowed. You will be asked to clean them up/take them off before the next cheer performance (ex: practice/game/peprally whichever comes first.)
 - Any member missing a practice **for any unexcused reason**, must attend, but will not be able to participate in the pep rally and/or game for that week. Discretion is up to the cheerleading sponsors.
 - Illnesses, family emergencies, and participation in other school activities (with prior approval) are the only reasons allowed to miss practice. If participating in another school sport or activity, the sponsor must **approve**

the absence at least one week in advance. Same day notification is not acceptable, and demerits will be issued.

- Cheer Activities
 - Activities **may** include, **but are not limited to:**
 - Summer cheer camp and practices.
 - Varsity football games
 - Junior varsity/ Freshman football games
 - District Home Volleyball Games, Boys Basketball Games, and Girls Basketball Games
 - Pep rallies
 - Summer mini-camp
 - Fundraisers
 - **Cheering for a game supersedes other school activities**
 - A calendar will be provided to keep the squad and their parents informed of activities; however, events and activities may arise that are not on the calendar. Every effort will be made to inform the squad of any changes ahead of time.

TRANSPORTATION

- If a cheerleader or mascot wishes to ride home with their parent(s), they must have an alternative transportation form approved and signed by their parents and principal, in advance of the event. This practice should be used sparingly; as the district and sponsors prefer members to use school transportation, as well as each cheerleader will have certain responsibilities to take care of upon arrival at school from an event.

CHARACTER, EXPECTED BEHAVIORS and STANDARDS

- A positive attitude towards sponsors and other team members is required at all activities. Disrespectful actions (i.e. eye-rolling or back talk) is unacceptable and will result in demerits or removal from performance.
- Squad members are school representatives and should act accordingly, meeting all requirements of the S.I.S.D code of conduct and district constitution.
- Squad members should be above reproach and a credit to the school.
- A member must be courteous and respectful to all other squad members, other teams, and coaches.
- **Smoking, drinking alcohol, and/or drug use or any other illegal activity are grounds for immediate dismissal by the coach/sponsor.**
- **Any disciplinary action resulting in suspension from school are grounds for immediate dismissal by the coach/sponsor.**

- **Stealing in or out of school are grounds for immediate dismissal by the coach/sponsor.**
- UIL No Pass, No Play rules and guidelines will apply.
- See demerit/point system section of the constitution.

DEMERIT/POINT SYSTEM

- Points or demerits will be used as a disciplinary tool.
- Infractions that are not considered misconduct such as tardies and being out of formation may be handled by physical activity at the discretion of the coaches. However, excessive violations of this type will be given a point.
- Points or demerits are only given by coaches/sponsors, however captains are expected to inform coaches of infractions they are aware of.
- Parents will be notified in writing at the accumulation of 3, 6, and 12 points.
- **Three points will result in the removal from a performance.**
- **Six points will result in suspension from all cheer activities for two weeks.** (Suspension means not attending any team function for two weeks)
- **Two suspensions, or twelve points will result in dismissal from the squad.**

CAPTAINS

- Two co-captains will be selected for Varsity and one for Junior Varsity. Candidates wanting to try out for Varsity co-captain must have at least one (1) full cheer year (previous try-out date to current try-out date) experience on Varsity before being eligible. Any candidate interested in trying out for captain will need to fill out an application (given at the meeting on March 17th). The captain selection process will coincide with tryouts.
- Responsibilities/Duties include but are not limited to:
 - Captains and co-captains are expected to demonstrate exemplary leadership abilities and exceed behavioral and performance expectations.
 - Be early and stay late to all events and practices
 - Be prepared to call out cheers at all events
 - Have positive attitudes and respect for coaches and teammates

LETTERMAN JACKETS

- Any cheerleader in good standing who has been on the Varsity cheer squad for **two** cheer years will be eligible to receive a letterman jacket.

2020-2021 CHEERLEADER APPLICATION

Name _____ Current Grade: _____ Age: _____

Address _____

Student's Home phone _____ Cell phone _____

Parent's Names _____

Parents' home phone _____ Cell phone _____

Parent's email _____

Please answer the following questions as honestly as possible.

1. Why are you seeking the position of Sealy High School cheerleader?

2. What do you believe you could bring to the Sealy High School Cheerleading Squad?

Please mark the ONE line that pertains to you:

_____ I am planning to try out for a spot on either the **Varsity or JV squad**

_____ I am planning to try out for **Mascot**.

*** Return this page***

Please initial in the blanks and sign/date that you have read and understand the constitution.

_____ I have read and understand the SHS Cheerleader and Mascot Constitution; and if selected, I will abide by the rules and regulations in the SHS Cheerleader Constitution and S.I.S.D. Code of Conduct.

_____ I accept all financial responsibility and understand that all expenses must be paid in full before the first day of school or I will not be allowed to perform.

_____ I understand that I am **REQUIRED** to attend the Summer Cheer Camp, Summer Mini-Camp, Practices, Games, Pep-rallies, Fundraisers, as well as additional events as assigned.

Cheerleader/Mascot Candidate

Date

Parent/Guardian

Date

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