

Sealy High School

2023

Cross Country Schedule



Date	Meet	Location	Time
Aug 12	Altair	Rice	8 am
Aug 18	Frio Friday Night Lights	Sealy	6 pm
Aug 23	El Campo Meet	El Campo	8 am
Sept 2	Bellville Meet	Bellville	8 am
Sept 9	Brenham Meet	Brenham	8 am
Sept 16	Shiner Meet	Shiner	8 am
Sept 23	Coach Ed XC Meet*	Sealy	8 am
Sept 29	Camp Tejas	Giddings	8 am
Oct 9	District 25-4A	Sealy	TBA
Oct 23/24	Region IV 4A Meet	Corpus Christi	TBA
Nov 3/4	4A State Meet	Round Rock	TBA

Head Coach Danielle Eschenburg

Assistant Coach Val Eschenburg

*Senior Celebration Day